

# VISION PROMPTING + DREAM ANALYSIS

excerpted from The Fire Starter Sessions



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# VISION PROMPTING

## WORKSHEET

What are your dreams?

**For each dream, finish this thought:** I want this because . . .

**Repeat the thought until you feel like you've hit on the heart of the matter.**

Which dreams make you flush with excitement or be still with peace?

What if none of these dreams is close to your heart?

# VISION PROMPTING

## WORKSHEET CONTINUED

Are you going to let any of these dreams go?

Who will you share your dream with?

Who already knows about your dream?

Which dreams will you choose to realize?

# DREAM ANALYSIS

## WORKSHEET

Pick one dream and explore . . .

Three reasons why your dream is unreasonable or the odds are stacked against you.

Three ultraoptimistic and positively affirmative thoughts that instantly dissolve the bad vibes associated with the so-called unreasonable nature of your dream.

Three persuasive, potentially outrageous actions that will create forward traction.

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+ PRACTICAL  
GUIDE TO CREATING  
SUCCESS  
ON YOUR OWN TERMS

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LAPORTE

**THE FIRE STARTER SESSIONS** is the permission slip you've been waiting for—to fully want what you want *and* go for it, to expand your consciousness and your cash flow, to up the ante on your dreams, to be incredibly generous with your love.

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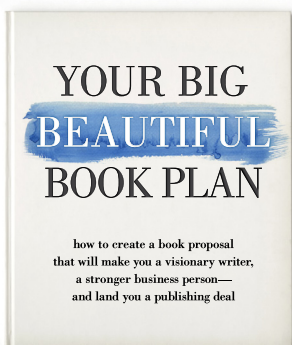


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